

For further information

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Variety NT - Starfish Swim Group



Fun
Fitness
Health
Safety



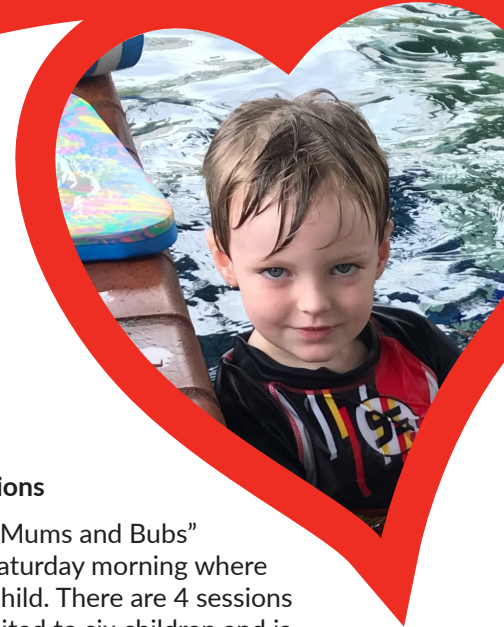


Variety NT - Starfish Swim Group

The Starfish Swim Group was formed in 2005 when Donna Rousham recognised the need to assist children with special needs to learn to swim and be safe in the water. With one-on-one pace-based instruction and to provide an opportunity for families who have children with disabilities to access a free water skills program.

The objectives of Starfish is for children with disabilities to gain confidence in the water, gain swimming and survival water skills and to have the opportunity to follow a competency pathway towards participation in other swimming organisation activities.

Funding assistance is provided by Variety NT - The Children's Charity and sponsors. When Variety NT became a principal financial sponsor in 2017 the Starfish Swim Group changed its name to Variety NT Starfish Swim Group in recognition of their support.



Program

Mums and Bubs - 6 months to 5 year olds

Saturday mornings – 45 minute sessions

The weekly program also includes a "Mums and Bubs" program, 6 months to 5 years, on a Saturday morning where the parent is in the water with their child. There are 4 sessions of 45 minutes and each session is limited to six children and is run by an accredited Austswim Teacher.

5 to 12 year olds

Mondays 1.00pm – 6.30pm

Tuesday to Friday 4.30pm – 6.30pm

Starfish conducts one on one lessons with each lesson being half an hour for children aged from 5–12 years. The children are taught by accredited Austswim Teachers who are also accredited to teach children with disabilities. The program has Public Liability and Indemnity Insurance.

Primary and High School Children

Mondays and Tuesdays 2.30pm – 6.00pm

Lesson held at the Henbury School pool for upper primary and high school aged children, lessons are run 2 days per week.

Registration

All families joining the program must complete a registration form and agree to the conditions of registration. Registration incurs a Membership fee of \$100 which can be covered by the Government Sports Voucher Scheme.