

# VARIETY SHINE INTENSIVE PROGRAM JANUARY 2020



## Drama/Art Therapy Group Social Skills Program

### 7 -14 Years

Over the course of the week students participate in a range of activities, role-plays and reflective practices with the aim of exploring and developing social skills whilst in a supportive environment. Topics such as teambuilding, listening, anger and/or anxiety management, overcoming challenges, resilience and self-reflection, allowing others to lead, accepting differences of opinions, respecting others, responding to mistakes, observing rules and customs, personal boundaries and respect are addressed through creative and imaginative processes. This has previously proved a highly successful program. Many parents have commented about their child being better able to cope in school with the social interaction and dealing more appropriately with conflicts in school.

#### **RUNS AS**

Groups of 10 based on similar ages and ability levels.

#### **REQUIREMENTS**

This program requires some evidence of the ability to work in a group and ability to communicate with others.

#### **TEAM**

Drama Therapist, Art Therapist & Social Worker. In addition, there is Speech-Language Intervention input as well as Psychology input.

To see more about our **eligibility criteria**, please visit the [Variety SHINE Intensive Program Eligibility Page](#).

For further information please visit the [Variety SHINE Intensive Program 2020 Application Form](#).