

# VARIETY SHINE INTENSIVE PROGRAM

## JANUARY 2020



## LEGO® Therapy Program

### 7 - 14 Years

LEGO® Therapy is a naturalistic, play-based social skills program that uses LEGO® as its main activity. It is designed to improve school-age children's social competence. This intervention approach targets a variety of aspects of social interaction, including joint attention, turn taking, initiating and maintaining conversation, conflict resolution/problem solving, asking for assistance, friendship building, teamwork/collaboration, and functional use of language for social purposes. LEGO® Therapy considers a child's natural interests, using interactive LEGO® play to motivate learning and change behaviour. This approach to intervention has shown statistically significant improvements in children's language development, verbal and non-verbal communication, for children with conversational skills problems and those with High Functioning Autism Spectrum Disorders.

- Each child learns a clear set of rules and LEGO® building skills.
- They are then introduced to a group of other children.
- Everyone in the group agrees upon a project which is achievable for everyone involved – projects are usually certain structures or buildings to create.
- Each child is assigned a role for the project. The roles are rotated throughout therapy and are as follows:
  - 1) **Architect** – holds the building instructions and is responsible for letting the others know which bricks are required (supplier) and how to put them together (builder).
  - 2) **Supplier** – holds the LEGO® bricks necessary to assemble the LEGO® model and is responsible for supplying the builder with the correct pieces and at the correct time.
  - 3) **Builder** – is responsible for taking the individual pieces from the supplier, and putting the pieces together, according to the instructions given by the architect, to create the model.

The group works together to build the LEGO® structure according to the principles of play therapy.

### RUNS AS

The students are matched for age and usually participate in a group of 3.

### REQUIREMENTS

General reports as required in the application form.

### TEAM

There are three Speech-Language Interventionists or Specialist Educators in each group.

To see more about our **eligibility criteria**, please visit the [Variety SHINE Intensive Program Eligibility Page](#).

For further information please visit the [Variety SHINE Intensive Program 2020 Application Form](#).