## VARIETY SHINE INTENSIVE PROGRAM JANUARY 2020



# **Social Skills Program**

### 4 - 6 Years

This program teaches children to develop socially skilled behaviours that will help them develop friendships and get along with others. It utilises the activities from the PALS (Playing & Learning to Socialise) and the Social Skills Improvement System (SSIS). These programs use fun activities to focus on various social skills goals.

Social skills taught include:

- Greeting others
- Taking turns
- Talking
- Listening to others
- Playing
- Sharing
- Asking for help
- Following steps
- Following rules
- Identifying feelings
- Getting along with others
- Empathy
- Overcoming fear and anxiety
- Managing frustration
- Calming down
- Speaking up
- Doing the right thing
- Doing nice things for others

The program incorporates many activities like listening to stories, art, dance, drama (especially use of puppets), music, physical education and movement activities. It is suitable for children with language impairments, speech problems, and those with social communication difficulties.

Due to the age of the children involved, this program starts at 9.00am and finishes at 1.00pm daily for 5 days.

#### RUNS AS

This program entails groups of 4 to 8 children.

#### REQUIREMENTS

Reports indicating this is a major problem for the student.

### <u>TEAM</u>

Speech-Language Interventionists and Specialist Educators.

To see more about our **eligibility criteria**, please visit the <u>Variety SHINE Intensive Program Eligibility Page</u>.

For further information please visit the <u>Variety SHINE Intensive Program 2020 Application Form.</u>