

VARIETY SHINE INTENSIVE PROGRAM

JANUARY 2020



Transition to Secondary School Program

11+ Years

The transition to high school is an exciting time for teenagers and their families. It is the beginning of a whole new chapter in your lives; meeting new people, experiencing a range of different subjects and sports, all in preparation for adult life. It can also be an anxious and stressful time in both preparing for the move to high school and those first few weeks.

This program is for students transitioning to high school. It has a focus on organisational skills, travel planning, problem solving, study skills, dealing with homework, note taking strategies, making friends, and dealing with new technologies safely. Teaching and learning activities will focus on skills that are imperative to success at high school – knowing how to study, using the computer, planning for assignments and asking for help.

Each child's program is highly individualised and can focus on "getting to know me", discussing their concerns, fears and strengths. We prepare a booklet with your child to give to their classroom teacher(s) on the first day of school. Your child will learn how to use diaries, maps and timetables. We discuss the differences between primary and secondary school.

This program is useful for children with anxiety about moving to secondary school.

RUNS AS

This program is individualised.

REQUIREMENTS

For children currently in years 5 or 6.

TEAM

Speech-Language Interventionists. Occupational Therapist and Psychologist may also be involved depending on the nature of the problems to be encountered in secondary school.

To see more about our **eligibility criteria**, please visit the [Variety SHINE Intensive Program Eligibility Page](#).

For further information please visit the [Variety SHINE Intensive Program 2020 Application Form](#).