

2020 Variety 4WD Adventure River to the Rock

Suggested Equipment list

NB this is on top of the mechanical equipment listed previously

General living

Matches

Toilet rolls (NB you will need to arrange your own toilet facilities for the desert crossing if necessary)

Shovel

Day Pack - suitable for walking

Camera, 12v battery charger / extra batteries, spare memory stick

Mobile phone & charger

Sunscreen

Head fly-nets

Torch and head torch

Portable CB Hand-held Radio

Sat Phone if you have access to one

Firewood

Camp chairs

Kitchen and cooking

Plug-in car fridge

Gas burner (with spare butane bottles)

Saucepan

Billy (for boiling water)

Small fold up table

Kitchen gear - Plates, bowls, cups, cutlery and cooking utensils, drinking glasses, tea towels

Toaster frame for gas burner

Bio-degradable dishwashing liquid/Hand sanitiser

Dish cloth

Eco plastic bags – handy to store your dirty laundry, wet towels and rubbish. Zip lock bags are handy to keep meal left-overs fresh.

Nb you are responsible for your own waste

Meals

3 x Breakfast, 4 x lunch and 3 x dinner meals per person

Suggest cryo-vac packaging for fridge-based meals

Snacks

Fruit and vegetables – purchased from Birdsville to avoid SA quarantine issues

Water: 3 x litres per person per day across the Simpson Desert

10 x litre back-up water

Sleeping

Swag, stretcher swag or rooftop camper set-up

Tent

For comfort - Pillows and pillowcases, duvets/sleeping bag, sheets, towels, and blanket.

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Medical

Contact lens/eyeglasses prescriptions
Prescriptions for any medications you may need - always carry medicines in correctly labelled containers
Doctor's certificates/vaccination certificates
First aid kit
Aspirin
Antihistamine
Mosquito repellent
Scissors
Tweezers
Safety pins
Bandages

Toiletries

Toothbrush & toothpaste
Shampoo / Conditioner
Soap
Deodorant
Razor / shaving cream
Cosmetics

Clothing & Footwear

Closed toed shoes/boots
Swimming gear/towel
Comfortable walking shoes
Sandals / thongs / jandals / flip flops – handy to use at communal campground bathrooms
Sunhat
Sunglasses
Warm jacket for nights

Fuel provisions for Simpson Desert crossing

Jerry (full) cans will need to be carried by all cars as back-up and stored outside of the vehicle cabin (roof or rear bumper)
The full survey of the route will be in March and the average fuel consumption and distance will be communicated then

Please note, you will need to know your vehicle's maximum distance driving in sand/hills/full load to be able to determine your fuel requirements for the crossing